

# BREAKFAST

## FULL-ON

### EGGS YOUR WAY 40

Made-to-order eggs station:

- choice of omelette, scrambled or fried

- includes: stewed saltfish + curried eggs + plantain toast  
+ smoothie station + light bite

### SHAKSHUKA GF, NF 28

fried eggs, sweet peppers, gungo peas

### AVO CRUSTI 26

toasted croissant, crushed avocado, arugula,  
parmesan, lemon, poached egg

### MEADS BAY BREAKFAST NF 34

choice of bully beef or saltfish

scrambled eggs, sausage, smoked turkey ham,  
hash browns, portobello mushrooms, plantains

### LOBSTER CURRY BOWL DF, GF 32

zucchini, bell peppers, cherry tomatoes, coconut,  
lemongrass curry sauce, coconut rice

### CHICKEN & WAFFLES NF 28

crispy chicken, fried egg, bacon, mushroom sauce

### FILLED JOHNNY CAKE OR BAGEL

**SALTFISH:** fried egg, avocado, arugula, 22  
spicy mayo

**SMOKED SALMON:** fried egg, cream cheese, 22  
avocado, shaved fennel, sriracha hollandaise

**PULLED OXTAIL:** fried egg, cheddar, 24  
sweet peppers

**VEGGIE:** portobello mushrooms, goat cheese, 22  
sun-dried tomatoes, pesto, arugula

## SWEET SIDE

**PLANTAIN FRENCH TOAST NF 26**  
pineapple compote, whipped cream, maple syrup

**BANANA BREAD NF 22**  
spiced cream, rolled oats

**FILLED CROISSANT NF 24**  
white chocolate matcha & pistachio crèmeux,  
strawberries

**BUTTERMILK PANCAKES NF 26**  
berries compote, passionfruit and soursop caramel

## KEEPING IT LIGHT

**OAT POT DF, VG 10**  
mixed berries, flax seeds, fresh mint

**CHIA PUDDING DF, GF, VG 12**  
infused coconut milk, mango, passionfruit,  
bay leaves, mixed seeds

**GREEK YOGURT GF 12**  
green apple, pineapple, raspberries, honey,  
sunflower seeds

**COFFEE CREAM 10**  
chocolate granola, cinnamon

# BEVERAGES

## COFFEE & TEA

**ESPRESSO / DOUBLE ESPRESSO 7 / 10**

**AMERICANO 10**

**CAPPUCCINO / LATTE 10**

**HOT CHOCOLATE 7**

**ICED COFFEE / TEA 6**

## SMOOTHIES & JUICES

**SEA MOSS 14**  
almond milk, banana, cinnamon, honey

**TROPICAL 14**  
choice of: mango, banana or pineapple

**TREE OF LIFE 16**  
moringa leaf, orange, banana, mango

## MORNING LIBATIONS

**SORREL BELLINI 16**  
sorrel & scotch bonnet cordial, prosecco

**CELESTE MIMOSA 16**  
orange juice, prosecco

**ICED CARIBBEAN COFFEE 19**  
vanilla ice cream, espresso, hazelnut liqueur

**BLOODY MALLI 16**  
vodka, Bloody "Malli" mix

**BEET BOOSTER 15**  
beetroot juice, ginger, green apple, lime

**PICK-ME-UP 14**  
celery, tomato, lemon, tabasco sauce

**ORANGE JUICE/ GRAPEFRUIT JUICE 8**

**DF - DAIRY FREE | GF - GLUTEN FREE | NF - NUT FREE | VG - VEGAN**

Please inform us of any allergies or dietary requirements when placing your order.

All prices are in USD and subject to 13% GST + 17% service charge.

 **@MALLIOUHANA EATS** | TAG US AND SHARE YOUR EXPERIENCE