BREAKFAST MENU

FULL-ON		SWEET SIDE	
OMELETTES YOUR WAY E made-to-order omelettes condiments of choice: red onions, mushrooms, ham, cheese,	20	PLANTAIN FRENCH TOAST D, G pineapple compote, whipped cream, maple syrup	20
mixed peppers, scotch bonnet add lobster 5	24	PANCAKES & CARAMEL D, G passionfruit, soursop caramel	20
AVO CRUSTI D, G, N to a sted croissant, poached egg, crushed avocado, arugula, parmesan, lemon, pine nuts	24	PASTRY BASKET D, G muffin of the day, croissant, pain au chocolat	15
SHAKSHUKA E fried eggs, stewed peppers, hash browns, pico de gallo	24	HOT OATMEAL PORRIDGE mixed berries, honey	12
LOBSTER QUICHE D, G bacon, pickled onions, spicy mayo, lettuce	24	HOUSE-MADE GRANOLA G oven-roasted caramelized oats, dried papaya, dried mango, raisins	10
SAVORY CROISSANT D, G ham & cheese or smoked salmon & cream cheese	24	choice of milk: oat, coconut, almond, or soy	
BENEDICTS D, G, E CLASSIC: toasted english muffins, cured ham,	20	KEEPING IT LIGHT	
poached egg, hollandaise SALMON ROYAL: toasted english muffins, smoked salmon, poached egg, hollandaise	22	OAT POT mixed berries, flax seeds, fresh mint	10
FLORENTINE: toasted english muffins, sauteed spinach, poached egg, hollandaise	18	CHIA PUDDING infused coconut milk, mango, passionfruit, bay leaves, mixed seeds	10
STEAK & EGGS E grilled steak, fried egg, cherry tomatoes, roasted potatoes, honey mustard mayo	28	GREEK YOGURT D green apple, pineapple, raspberries, honey, sunflower seeds	10
MEADS BAY BREAKFAST E eggs your way, sausage, saltfish, fried plantain, roasted potatoes, portobello mushrooms, grilled tomatoes	26	FRUIT PLATTER assortment of tropical fruits	12
THE BREAKFAST BURGER D, G toasted English muffin, smashed beef patty,	24	SIDES	
cheddar, maple-glazed bacon, fried egg, bbq onions		SLICED AVOCADO	4
LOBSTER CURRY BOWL sautéed potatoes, bell peppers, cherry tomatoes, coconut, lemongrass curry sauce	28	FRIED PLANTAIN	4
	10	HASH BROWNS	4
HAM & CHEESE TOASTIE D, G toasted and prepared sandwich-style, filled with: ham, cheddar, mozzarella cheese sauce add fried egg 2	18	SAUTEED POTATOES rosemary & salt	5
		GRILLED MUSHROOMS	3.50
		CRISPY BACON	5
		BREAD SELECTION G toasted, choice of: white, whole meal, country, bagel, Johnny cake or gluten-free	3

D - dairy | G - gluten | N - nut | E - egg | SH - shellfish

Please inform us of any allergies or dietary requirements when placing your order. All prices are in USD and subject to 17% service charge.





BEVERAGES

COFFEE & TEA		MALLI ELIXIRS	
ESPRESSO	6	RECOVERY turmeric, ginger, lemon, honey	5
DOUBLE ESPRESSO	9	VITALITY cucumber, green apple, celery, coconut water, lime IMMUNITY	5
AMERICANO	8		
CAPPUCCINO	8		
LATTE	8	carrot, black pepper, pineapple, ginger, mint	5
HOT CHOCOLATE	7	BERRY BOOSTER	5
ICED COFFEE	6	beetroot, mixed berries, honey, apple cider vinegar	J
TEA	5		
SMOOTHIES & JU	JICES	PICK-ME-UP	12
almond milk, banana, cinnamon, honey		celery, tomato, lemon, tabasco sauce	
TROPICAL choice of: mango, banana or pineapple	14	SUNSHINE mix of tropical fruit juices, passion fruit, mango, ginger	14
TREE OF LIFE moringa leaf, orange, banana, mango	14	SMOOTHIE OF THE DAY a refreshing blend of fruits or vegetables Ask your server for the smoothie of the day	13
BEET BOOSTER beetroot juice, ginger, green apple, lime	13		
MORNING COCK	TAILS		
SORREL BELLINI sorrel & scotch bonnet cordial, prosecco	14	SUNNY SIDE UP soursop, vodka, cinnamon syrup	15
CELESTE MIMOSA orange juice, prosecco	14	BLOODY MALLI vodka, Bloody "Malli" mix	14
ICED CARIBBEAN COFFEE vanilla ice cream, espresso, hazelnut liqueur	12		